



# John Joseph "Jay" Mulligan Jr

OCT 22, 1954 - AUG 27, 2019



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# John Joseph "Jay" Mulligan Jr

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**J**ohn Joseph (Jay) Mulligan Jr, 64, of St. Petersburg, Florida passed away on Tuesday, August 27th, at Bayfront Health in St. Petersburg, Florida.

Jay was born on October 22, 1954 in Massachusetts. Jay was the beloved father of Jaime Mulligan of Berkeley, California and Ryan Mulligan of Ballston Lake, New York. He graduated from Saratoga Springs High School Class of 1973 and went on to study history at Springfield College.

Jay was an excellent, multi-sport athlete, and excelled particularly at wrestling. He held various state and New England titles, and competed on the national level where he was an NCAA All American. He loved music, laughter, and his family. He was a reader and a writer, and his compilations can be seen at <https://justpaste.it/gratitude>. Jay was also a humble and grateful follower of Jesus Christ.

Jay is survived by his siblings Candy Kmen (husband Wyatt) of Huntington, WV, Kevin Mulligan of St. Petersburg, FL, Daniel Mulligan (wife Amy) of Edinboro, PA, and Patrick Mulligan (wife Susan) of South Bend, IN, his former wife Esther Mulligan of Ballston Park, NY, his former wife Joyce Sacha of St. Petersburg, FL, as well as nieces, nephews, great-nieces and great-nephews. He was predeceased by his parents, John and Mildred (Labree) Mulligan of Saratoga Springs, NY.

There will be a private celebration of his life with family and friends in St. Petersburg, FL, as well as a memorial in upstate New York at a future date. In accordance with Jay's spirituality and a document found in his home: "in lieu of flowers, the family has requested that everyone try to live as Jesus did. Donations may be sent to anyone in need." The family would like to thank the ICU staff at Bayfront Health, Daniel Bryan and Jeremy Golden at Memorial Park Funeral Home, and the spiritual community at Bridgepoint Church.



# Tribute Wall

**John Joseph "Jay" Mulligan Jr**

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**Cezar KwasiBorski** posted:

Dear friends, Today I had a dream that I saw Jay at a computer store, Staples, we had worked there together. He tells me in my dream that all this time I was looking for him under a different name. His name is John and I saw other names. He was happy and he gave me a present a computer. Did not understand the meaning of this dream so I typed John Jay Mulligan in google. He wanted his family know that he is fine and he is with Jesus. Because I love Jesus and through him I was able to see him today. I wrote family on Facebook messages. Please respond when you see this. John Jay, you were humble throughout your life, and I always love you my friend. Always missed you throughout those years but we all have different tasks in life. Today it was a message to your family through me that you are with God!

March 25 at 3:08 AM



**Cezar KwasiBorski** posted:

Jay my closest friend I had at work. We had worked together at Staples for many years. I loved this guy. Always came to work with a positive attitude. We were competing in sales in a funny way. He was part of my life and his family. I love you my friend always!

March 25 at 1:22 AM



**Joyce Sacha** lit a candle in honor of John.

Li'l Sweetheart, Li'l Sweetheart, you used to cry out when I would come home from work. We had plans for a great future but that ended early. My heart will forever miss you. 14 years of marriage was not enough time. I know you are in a better place so sleep with the Angels for now. I loved you so. You were a wonderful man.  
Joyce



September 7 at 10:13 AM



**Cezar KwasiBorski** March 25 at 1:47 AM

[Open your e-mail on Facebook](#)



# Tribute Wall

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**Robert Millis** posted:

When We Were Kings Those heady days of being "the best". I recall how we would walk off the bus of those towns we used to travel to compete with.: There would always be a group of people (mostly our doomed opponents) watching us walk thru the room into the lockers. They had read of us; now here we were; in person. And always, when one of them would figure which one was Jay Mulligan, he would steal a wink and a head nod to others ; with a "there he is!" lip read. Excellence and success always seemed to be a dour pursuit: you put your head down, ignored most of life and took no prisoners. Jay taught me differently: that you could do it with joy and abandon. If it wasn't fun; it didn't count. I could list a page full of that fun here, but the more important aspect is that I took it with me into "real life", in my dealings in the rough & tumble biz world of my day. Even before this contemplation brought on by this sad tidings. I've often credited that to our friend here..To use one of his old phrases: "New Rule This Year" That new rule is that this world is a sadder place without Jay Mulligan. But gee whiz were we lucky to have him, each of us for limited spells..RM-----  
-----'We were young together -- and my, oh my, those were wonderful days"

September 3 at 2:40 PM



**Anonymous** sent a Florist Choice Bouquet to the Mulligan family.



September 2 at 12:29 PM



# Tribute Wall

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**Scott Perkins** posted:

As I write these remembrances, I can't help but notice the slightly deformed knuckle on my right hand, the result of a rather physical sparring session years ago with Jay in the Saratoga High School wrestling loft. It is a daily reminder of his presence during the formative years of my life: as teammates on our undefeated '71-'72 Blue Streak squad, traveling together to summer wrestling tournaments, as work out partners trying to make weight, drilling takedowns on borrowed tumbling mats on his parents' front lawn, holding his eyeglasses as he dispatched yet another opponent, chasing down fence jumpers at SPAC, and perhaps the highlight of our years together: sharing the champion's podium in our respective weight classes at the 1975 Colgate Open. A nationally ranked wrestler, Jay was clearly a dominant force, but there were those times when the outcome of a match could be in doubt. He would, almost nonchalantly if not strategically, give up takedowns and back points only to find himself trailing late in the third period. Never to be counted out, his teammates knew what his opponent did not; Jay was just warming up. He would inevitably escape, execute a flawless throw, run the Gable arm bar, and pin his opponent just as time was running out, to the wild cheers of the crowd. Jay's professed faith in his Lord and Saviour, Jesus Christ, reminds me of those matches. In wrestling as in life, it's not how you start, it's how you finish. Congratulations, Jay, on finishing well. Scott Perkins

September 1 at 2:32 PM



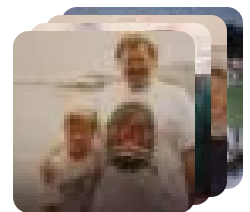
**Russ Rhodes** posted:

Rest in Peace Jay.

August 31 at 4:33 PM



**Memorial Park Funeral Home** shared 6 photos to the **Memories Album** album.



August 30 at 8:11 AM



# Media

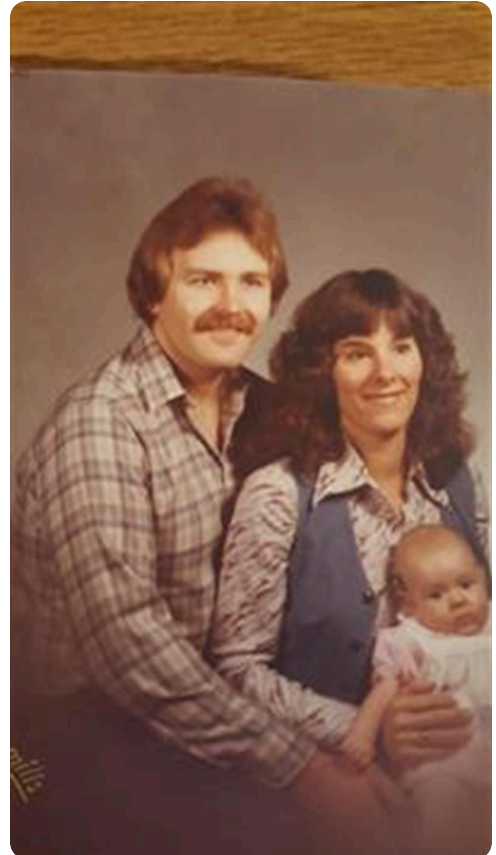
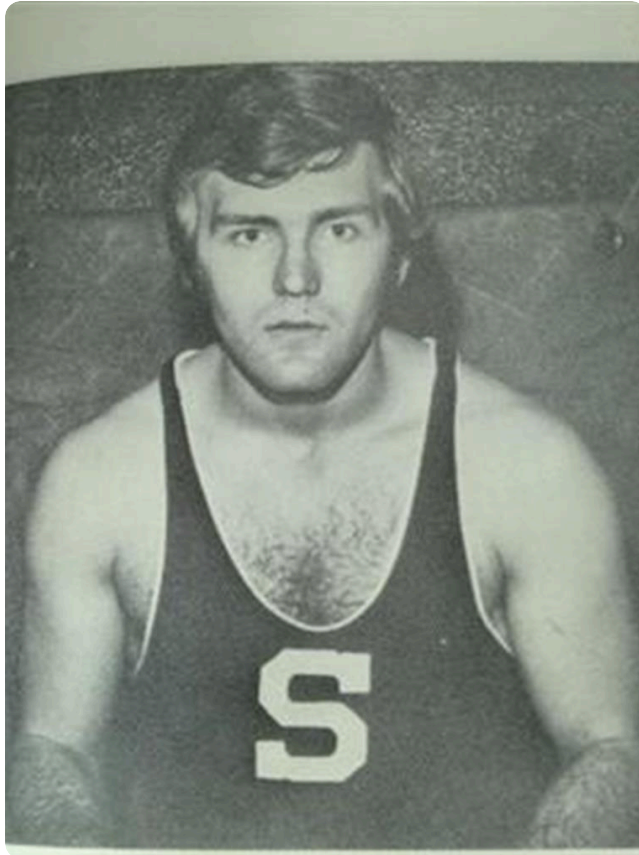
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## Media

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# Memories only last if you share them

Join us in honoring John by contributing to a collection of shared memories.



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